Upton News



Publication is a bit later this month due to waiting the extra day for the good news about the re-opening of the Village Hall. Our thanks to Jacqui Reid and the rest of the Village Hall trustees for getting it organised.

You may have read in the Chairman's report last month that I am about to retire from the role of editor and maybe it is time as this is the 102nd edition that I have edited in two spells in the role starting way back in 2007. In a recent chat with Ben I told him that the village ought to be prepared to appoint a new editor as time marches on who knows when I may have to call it a day. The result of that discussion was that in Ben's opinion it is up to me to find a successor and it is nothing to do with the Parish Council, so, in the meantime I am prepared to carry on for a bit longer but if anyone would like to take over the role I will be very willing to hand the job over.

My thanks to Chris Smith for providing us with a further insight into life when we had a railway station and the big event of blowing up the bridge which changed the village landscape so much with the re-aligning of the A417.

I am delighted to see the formation of HUGS (Page 8), I do hope as many of you as possible will give it your support as it is such an important issue for which we must all try to do our bit. Blewbury and Harwell have both already set up a similar group and now thanks to Kieron this village can catch up and work on improving our environment.

Editor

Church Services

Welcome back to St. Mary's—On Sunday, 6th September, the first service since March will be held at St Mary's. It will begin at 3:00pm and if the weather's fine it will be held in the churchyard. If not, we will be in the church, subject to appropriate social distancing measures.

We look forward to welcoming all who would like to attend. In the meantime the church will continue to be open on Wednesdays and Sundays from 9:00am to 5:00pm.

Online church services will continue on Sundays at 10.30am, login or connect using a computer, laptop, tablet, smart phone or landline from 10.00am to chat before the service.

Please see the website or The Churn, if you receive it, for the service access codes and full details of how to join each week.

During weekdays Fr Jason is writing a short reflection and prayer. If you would like to receive this, please contact the office. Tel: 01235 850267 or office@churnchurches.co.uk

Parish Council

The next scheduled meeting of Upton Parish Council is at 7.30pm on Thursday 17th September. This will be held via an e-conference system. Anyone is welcome to join the meeting if you inform the Clerk at least 24 hours before the start, in order to receive joining instructions.

The Council have been making progress in the areas of fencing, new toddler play area and car parking. This progress is slow due to the reduced number of councillors and time out for health reasons. The council, along with village volunteers, does it's best to tackle the increase in litter left on the recreation ground and some unsocial behaviour.

Please take your litter home with you!

Any suggestions, concerns, questions or queries about your Parish Council, it's work or how you can help, please contact the Clerk on parish.clerk@uptonvillage.co.uk or call on 07968772935.

Parish Clerk, on behalf of Upton Parish Council

District Council

Hello! We hope that you and your families are still keeping well and staying safe as the lockdown restrictions continue to ease. With most types of businesses re-opening, now more than ever is the time to support local independent small businesses as much as possible, as they have been some of the hardest hit in recent months and there are still difficult financial times ahead. Savages in Blewbury have done a fantastic job throughout the lockdown, continuing to provide delicious fresh fruit and veg to residents from Upton, Blewbury and beyond. It's great to see that the George and Dragon has re-opened, alongside The Blueberry and The Red Lion in Blewbury, providing plenty of opportunities to "Eat Out To Help Out" throughout August.

As always, we will keep you updated on council matters and the council's response to COVID-19 through these newsletter articles, as well as on our dedicated councillor Facebook Page: <u>Cllrs Hayleigh Gascoigne & Sarah Medley</u>.

Community Support Hub

Even though the guidelines for those shielding has changed, we want all of our residents to know that the Community Support Hub is still here to provide support and advice.

To contact the Community Support Team: call: 01235 422 600 Monday to Thursday 8.30am-5.00pm and Fridays 8.30am-4.30pm or email: communitysupport@southandvale.gov.uk.

Cycling and Active Travel

In the recent months it has become very clear that residents across the Vale have embraced cycling and walking during lockdown, and indeed the council's own air quality measurements taken before and during lockdown

have shown a marked reduction in air pollution across both district council areas - down by nearly 60 per cent in one location! As many local residents have highlighted to us recently, many of you wish to continue swapping car journeys for cycling and walking, however it is difficult to do this when the existing infrastructure is very car-centric. We have previously highlighted that Upton is already ahead of the curve on cycling, with the closure of Chilton Road, the off-road route to Didcot, the pump track and of course the regular Uptonogood mountain bike festival. However, there is still more that could be done in the local area to make cycling more inclusive and accessible to cyclists of all ages and abilities. We brought this issue of the much-needed changes in cycling infrastructure to the latest Vale full Council meeting in July, highlighting the lack of connection between Blewbury and Upton as an example. This formed part of the debate on a motion on active travel post-COVID, which was seconded by Hayleigh, and successfully passed. This motion empowers the Vale to continue to put pressure on the County Council and to keep active travel as a key priority in future projects and plans. The video of the July council meeting, which was the first one to be held virtually, is available to watch online (the Active Travel motion begins at 1:37:40): https://www.youtube.com/watch?v=gKUm1nUEf04

Recycling

Thousands of residents in southern Oxfordshire have found their recycling bins unemptied each week because they have put the wrong things in them. Putting non-recyclable items in recycling can contaminate a whole truckload, which is then rejected at the recycling facility. To remind residents about what can (and can't) be recycled, South Oxfordshire and Vale of White Horse district councils have devised a new recycling quiz available here: https://survey.southandvale.gov.uk/s/TheGreenRecyclingBinQuiz/

For more information about what can and cannot be recycled please see our website: http://www.whitehorsedc.gov.uk/services-and-advice/recycling-rubbish-and-waste/recycling/what-can-i-recycle

Planning for the Future Consultation

Last week the government launched a consultation on plans to overhaul the planning system and reform the way development is given the go ahead. The Government has said that the proposals are aimed at streamlining processes, achieving earlier community engagement and providing more transparency for residents through increasing the use of technology.

The government is also asking people to give their views on proposed changes to the current planning system, including changes to the standard method for assessing local housing need.

To find out more about the proposals and to have your say visit the government's Planning for the Future page.

Please do not hesitate to get in touch with any issues or concerns - our email addresses are hayleigh.gascoigne@whitehorsedc.gov.uk and sarah.medley@whitehorsedc.gov.uk. In the sarah.

Sarah and Hayleigh

Rector's Note



Beginning Afresh

Well, it's now September and we might well be wondering where the Summer has gone!

For me, I feel that September is a time when a new year is starting. Perhaps you feel the same. The children are going back to school and a new school year is starting. The fields have been harvested, and new crops have been planted.

I've always felt the new year starts in September rather than January. Although I would also add that part of me also thinks of the new year starting at the end of November or early December, with the First Sunday of Advent. In the Christian calendar, the First Sunday of Advent marks the official start of the new year.

I wonder how you are feeling about the months that lie ahead? A sense of hope and excitement over new beginnings and new opportunities? Perhaps you might have started a new job or moved to a new house, or perhaps there might be a new addition to the family. Or perhaps you're worried about what the next few months might bring, in terms of your personal life or the life of the country. Or it might be that you simply don't know how you feel about the months ahead - there's so much uncertainty around, that it takes all our energy simply living from week to week.

Our personality can also come into play. Some of us tend to be more on the pessimistic side, while others tend to be people who see the glass half full rather than half empty.

Whatever our circumstances, and whatever our personalities, I think that for all of us there will be some opportunities ahead to make a fresh start. It might be that the fresh start involves some major project, or it might be that it's something small, but still significant, nonetheless. Perhaps we're going to make another attempt at mending a broken relationship or taking better care of our physical or mental health. Perhaps we're going to do more to care for others, in our families and in our communities.

There are always opportunities to make a fresh start. God is about new beginnings. In the final book of the bible, the Book of Revelation, Jesus speaks the following words: "See, I am making all things new!".

I wonder what new thing God is wanting to bring about in our own lives? Father Jason

Swap Shop

Single Electric Adjustable Bed - Free but a contribution to the Village Hall or Parkinson's UK would be welcome.

Elizabeth 07771640860

Information from Woodlands Medical Centre

This note sets out important information about the appointment system and the forthcoming flu vaccination programme: final details and scheduling will shortly be available on the Woodlands website

www.woodlandsmedicalcentre.com

Changes to the appointment system

The pressure on the appointments system remains high and is actually increasing as lockdown is being eased. To continue to cope and seek to improve patient satisfaction the practice has been looking at making further changes to the appointment system.

The current arrangement for patients phoning about an urgent problem will remain, the duty doctor will call you back as soon as possible. The new arrangements for patients seeking a routine appointment with their nominated doctor will be that a patient who calls in the morning will receive a call back from their GP (if available) later that morning to agree the way forward, likewise if you call in the afternoon you will be called back later that afternoon though a late afternoon call may have to wait until next morning. You will still be able to ring in the usual way to make an appointment for other services provided by the surgery

The website has full details of all the Doctors shift patterns and attendance so if you want to speak to a specific doctor please check the site before calling or alternatively the receptionist will advise you of the next time that your doctor will be in the surgery.

The new arrangements for routine appointments will come into effect from Monday 5th October.

Flu Vaccination Programme

The Practice is well advanced in developing its flu vaccination programme for this year that is planned to start by the end of September. The Government has extended the scope of the programme to include all people over 50 and anyone caring for or living with vulnerable people. The practice will have inside, outside and Blewbury flu clinics. Patients will be notified by text, email, or by post, inviting them to an appointment. Each vaccination procedure will take longer this year due to additional infection control. measures.

Cancelled

Upton Tea Party

Sad to report that the Tea Party scheduled for Saturday 5th September outside the Village Hall has been cancelled due to lack of support. It is unfortunate for the organisers but does indicate that many of us are still reluctant to meet up in reasonably large groups.

Village Produce Association



As you know, because of Covid-19 the VPA was unable to hold its 2020 Annual Summer Show. We are an Affiliated Member of the Royal Horticultural Society and we purchase the Banksian Medal to award to the Exhibitor who achieves the highest points in the Fruit, Vegetable and Flower Sections. Because the Banksian Medal is engraved by the RHS with the year it is awarded we are not in a position to roll it over to 2021.

The Banksian Medal was first issued in 1922 in commemoration of Sir Joseph Banks and "to encourage exhibitions of various garden productions of excellence, merit or novelty ".

The Committee is pleased to announce it is organising a competition so the 2020 medal can be awarded. The competition which will be held on 12th December and is open to everyone in the family is to make:

A Decoration for the Christmas Lunch Table and A Wreath for the Front Door

The Table Decoration and Wreath can be any size and shape with any type of decoration and accessories. Both items must be entered into the competition. Full details will be available in the October edition of the Upton News. Please support the Village Produce Association so that we can find a winner for the 2020 Banksian Medal

The VPA Social booked for Saturday 5th December is still in the diary. It will be organised in accordance with any Government rules regarding Covid-19. Please make a note of the date. More details next month.

Happy Gardening

Eileen

Astons Online

Free and friendly help for Upton computer users is available every Tuesday morning in September from 10:00am to 12:00noon. We provide help remotely using telephone, Facetime, Skype, Zoom, Teams or WhatsApp, whichever is best for you. Book a 30 minute appointment by emailing theastonsonline@gmail.com or, if this is not possible, by phoning 07780 958249.

You would also be welcome at an online meeting 10:30am - 11:15am on Tuesday 15th September to exchange good ideas about photos. Please book a place using the email address above.

More information is available at www.astonsonline.uk

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Foot Care

A Mobile Foot Clinic for Upton

Treatment provided in your own home for Routine Foot and Nail Care Toenail Trimming Corn and Callous Removal Diabetic Foot Care Contact Jill Allen DipFh MCFHP MAFHP Foot Health Practitioner 07767763441 or 01235 815917



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Ride and Stride

The Ride and Stride event will go ahead on Saturday 12th September, under Government guidelines. Individuals are invited to get sponsorship for cycling, walking, or horse riding around as many churches as possible. Half of the monies collected go to a church of your choice and half to the OHCT which provides grants for the upkeep of church buildings. St Mary's church will be open all day.

For further information and to download a sponsor form please go to rideandstride@ohct.org.uk. or contact Clare Lightfoot 01235 850486.

HUGS - Creating a cleaner, greener, healthier future

We'd like to tell you about a new sustainability group called HUGS, the Hagbournes and Upton Group for Sustainability.

We formed in lockdown having had the time to appreciate nature more as well as to think about the future.

We also took part in the Climate Coalition's 'The Time is Now' campaign to ask MPs for a greener recovery from Covid-19. This is an economic recovery that works to tackle both the climate crisis and the dramatic decline in our UK wildlife.

HUGS has 3 main aims:

- 1. To work with other groups in the area to ensure plans and policies for our communities are compatible with achieving a healthy, nature-rich, low-carbon future
- 2. To help nature by supporting existing conservation work around our 3 villages, and also starting new projects that promote greater biodiversity
- 3. To share information about how we can all live more sustainably whether in our homes, our gardens or our lifestyles. And to develop projects that help us live more sustainably together (e.g. a local pop-up refill station to reduce plastic use).

To find out more read our first blog at http://www.hugsustainability.org
If you'd like information about our events and meetings, send us an email to https://www.hugsustainability.org
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Kieron on behalf of the HUGS team.

Karate

After almost 6 months of online tuition using Zoom, Karate classes will be returning to the Village Hall on Sunday 13th September from 11.30am till 1.00pm. Classes are for Children aged 4 right up to senior adults.

For more information go to www.tiskakarate-abingdon.co.uk

Didcot GP Surgeries

This is the second update for residents of Didcot and surrounding areas, produced by the Patient Participation Groups (PPGs) at the three surgeries.

Covid 19

The pandemic has required all GP surgeries to make important changes to ensure patients' safety and wellbeing. All the staff at our three Practices have been under tremendous pressure from constant new government directives, with little breathing space. As we mentioned in our previous article (February 2020), the three Practices are now collaborating, as the Didcot Primary Care Network (PCN), to offer specialist services across the

three surgeries. E-consulting has been used extensively during the pandemic, to enable clinicians to respond swiftly, without patients attending the surgery unless necessary, e.g. when a physical examination is essential. Greater use is being made of IT in general; however, if you don't have access to IT, or aren't confident with it, you can still ring your surgery as before. Please make sure you wear a face mask or suitable face covering when you go to the surgery.

Many of you already order repeat prescriptions online, and it's easy to set this up. Some pharmacies are also delivering (with the aid of volunteers) to anyone who finds it difficult to collect items. Another option is an online pharmacy, which you can use to request repeat prescriptions by post; all requests are still forwarded to your GP for sign off.

Flu vaccinations

The government has announced increased eligibility this year. This will pose significant challenges for the surgeries, with social distancing requirements and cleaning and PPE changes after every patient, which reduces the numbers who can be seen. The Practices are working on a variety of arrangements, to provide the best possible access, while maintaining social distancing and infection control. Dates will be released by your surgery as soon as they have been finalised. This additional workload - which will increase further when a coronavirus vaccination eventually becomes available - highlights yet again the urgent need for further medical facilities in our area.

Influencing decision makers

We liaise with Healthwatch Oxfordshire (HWO). Healthwatch is a statutory organisation and independent national champion; their role is to find out what matters to people who use health and social care services, and help make sure their views shape the support they need. We three PPG's are working with HWO to communicate with the Oxfordshire Clinical Commissioning Group (OCCG), which plans, buys and oversees health services across Oxfordshire. Didcot, as we all know, is growing at an overpowering rate; very sadly, despite much pressure from your surgeries, PPGs, District/Local Councillors, and Healthwatch, we still do not have a clear view about what is planned to address the healthcare needs of our expanding communities. We will continue to pressurise on patients behalf.

Your PPGs continue to seek to influence decision makers wherever we can; we are all volunteers, and are happy to welcome new active members.

Your PPG Chairpersons:

Shelagh Garvey - Didcot Health Centre Andrea Warren - Oaktree Health Centre

Stewart Lilly - Woodlands Medical Centre.

https://healthwatchoxfordshire.co.uk/

Upton Village Hall Re-opens

Upton Village Hall has re-opened and many of the regular classes such as dog training, karate and gymnastics have returned. A thorough COVID-19 risk assessment has been carried out and special measures have been put in place which all hirers need to follow to ensure that users of the hall are kept as safe as possible.

As it is likely the current Government guidelines currently restricting only members of two households to gather indoors, at home (or up to 6 people from different households outside) at one time, will be in place for the foreseeable future, the UVHAT trustees have decided to make the hall free of charge for any non-commercial meetings or gatherings for residents of Upton until 1 April 2021. The capacity of the hall, which under Government guidelines is considered a COVD-19 secure venue, means that you will be able to stay socially distanced and gather with up to 30 people if you so wish, enabling you to meet with people from more than one other household indoors. The trustees recognise that as we head into Autumn and Winter it will be harder for everyone to be able to socialise with those they want to meet safely when they are restricted to just one other household indoors. So if you fancy hosting a dinner party, want to hold a non-fee club such as a Book Club, Baking or Sewing Club or simply want somewhere to meet with a few friends indoors for a cuppa or glass of wine then please know you can book the hall for free to do just that. In order to reserve your place and understand the special measures you will need to follow please email bookings@uptonvillagehall.co.uk

Jacqui Reid UVHAT Trustee

More Memories of the Railway Line

Having had time to look through my books here are some more memories concerning the Railway Station here at Upton.

I am not sure if this happened at Upton, but on Mondays which was wash day it is recorded that the Station Masters wives would collect hot water from the locomotives to use for washing clothes. I have no proof that this happened at Upton, but it must have been regarded as a perk of the job.

Although not so popular now, stations used to have competitions for the best maintained grounds and flowerbeds and although I remember Upton Station always being tidy and well maintained I do not remember any flowers.

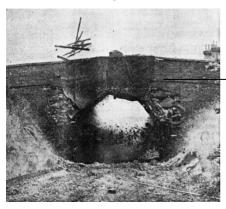
The yard also had a goods shed, a one ton crane and a cattle pen. Cattle and sheep would be transported from here or penned overnight where they could be fed and watered before continuing their journey the next day. A special area was built to load race horses from Ilsley, Blewbury and Chilton to travel to Race Courses as required.

The Upton & Blewbury Station name board is preserved at the Great Western

Society at Didcot.

On 10th September 1962 the last passenger train passed through Upton & Blewbury Station carrying a small coffin in the guards van with the lettering 'RIP Didcot, Newbury & Southampton Railway'. That sadly was an end to the era of passenger trains at Upton.

The red brick bridge that carried the A417 over the railway was of humped



backed construction giving very poor vision in all directions. It was built in line with Chilton Road and Station Road which meant there were two sharp bends on the A417. When it came to demolition it was drilled and packed with sticks of gelignite. People in the village were told to leave windows open because of the blast. The local paper report of the time says 'Gone in Seconds 'which as far as Jane and myself remember was far from the truth. Yes the brick walls did give way, as shown in the picture, but

most of the roadway remained in place. Only when a crane fitted with a wrecking ball got to work did the remainder fall. The bridge put up a good fight, it was certainly built to last.

Christopher Smith.

Upton in the Early 1930s

Just to fill what would be blank pages in the printed version I have dug out some information about life in Upton in the early 1930s. I have added bits of interesting information and explanation in *italics*

1930 The village was too small to merit having a Parish Council instead any important decisions were taken at Parish Meetings which were held when necessary. The Annual Parish Meeting was held in March, items discussed were the need for repairs to the bank of the stream at the Reading Road end of what is now Stream Road, the need for a notice warning motorist when they were approaching the school and to approve the parish accounts which showed a balance of £4/6/0d.

There were 22 boys and 17 girls on the school register looked after by 2 teachers. As there was no village hall the school room was used for any parish meetings and social gatherings.

In October a small committee was set up to discuss the possibility of a piped water supply for Upton. *Unfortunately this was not immediately successful as it was not until 1956 that every house in the village had its own tap.* Unfortunately during the year, Rev Moore, the parish Rector died and it was

decided that there would be a Union of the Benefices of Upton and Blewbury. This caused a minor uprising in the village with 110 parishioners (must have been nearly all the adult population) signing a letter of protest that was sent to the Bishop of Oxford. Despite losing early appeals the parish took its fight all the way to the Privy Council and won the day and as a result early in 1931 the Rev. Dewas Chitty came to Upton as its Rector.

1931 Four new lamps were needed in the church (*electricity was still seven years away*), a new heating furnace was required, and there was a question of whether the organ should be replaced by a reed organ, in the event, the organ was repaired at a cost of £10.

The parish decided to reject an offer by Wantage Rural District Council to collect the household rubbish as it was going to cost an extra 4d (2p) in the pound on the rates, instead a contractor was appointed to do the job on the first Tuesday of each month in return for a voluntary payment.

The Parish Meeting applied for a precept of £5. (In 1979 it was £880, 1994 it was £1,900, and this year it is £10,136.)

1932 The new Rector had brought new enthusiasm to the church, the number on the Church Electoral Roll had risen to 81 compared to the 30 in 1930, and the members of the Parochial Church Council had risen from 8 to 14. Seven sets of Cassocks and surplices were purchased for the choir and discussion was started on the possibility of building a vestry on to the church.

Again the footpath (Reading Road end of what is now Stream Road) was in a bad state of repair, but as an estimate of £13 was considered far too expensive for a concrete wall to be laid alongside the stream it was agreed that repairs of some kind would be done voluntarily by residents. In those days that part of Stream Road together with the footpath from Stream Road through to High Street was all known as Old Post Office Lane which remains to this day the official name of the footpath.

Wantage Rural District Council was asked if it would build four more houses in Upton to meet the local demand.

The District Council refuse collection offer had been accepted by Blewbury and the Council asked Upton if it could tip the rubbish in the Upton tip at the top of Alden Lane. The request was firmly refused.

1933 A year that was dominated by the tragic fire on June 6th that destroyed a number of the historic houses and a farm in the centre of Upton.

Submissions for *Upton News* should be sent to kameki39@btinternet.com

Deadline for the October edition is Sunday 27th September